

Discussion Questions
Why Can't I Get My Kids To Behave?

Chapter 3

'The Parenting Toolbox'

1. Why is the tool of establishing a routine in your home important?
2. Do your children go to bed at the same time five nights a week?
3. What can you do to get a routine going for your toddler and preschool age kids?
4. Why is routine important for elementary, middle school and high school kids?
Name one thing you can do to get a routine going for these ages.
5. Describe the tool of discipline. Is this how you have viewed discipline?
6. Corrective discipline must include pain to bring about change in the behavior of your kids.
What other element is essential for this change to last?
7. Does your discipline hurt enough to change your kid's behavior?
8. Grounding is a typical tool parents' use. What good does it do? Does it change your child's inappropriate behavior long-term?

9. What should be the 'golden rule' of grounding? How does this rule make a difference?

10. If you apply this golden rule of grounding, what can your children learn from this?

11. What consequences occur on their own? Give an illustration of this consequence.

- What stops parents from taking advantage of natural consequences? How can you use this consequence more effectively in your home?

12. What elements are necessary for 'Time-Out's' to work effectively? Do you consistently require the elements of effective time-outs?

13. Is spanking a tool in your toolbox? If so, do you use it appropriately? What guidelines do you need to consider before spanking your child?

- Do you appropriate 'tough love' with your young children? Do you need to rethink your 'tough love' philosophy on when and how to use it?

14. Name one thing that was the most helpful in Chapter 3 that you can begin implementing with your children. How will you begin working on it?